

Your Academy in Action

Manju Karkare, MS RDN LDN FAND
Treasurer, Board of Directors

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Transformational Power of Nutrition Academy of Nutrition and Dietetics



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DID YOU KNOW?

Be Aware ... and Share

t p t f g+ in

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Member Benefits!

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- **59 Academy career-enhancing benefits**
- **Tools and resources based on scientific research and evidence-based approaches to practice**



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Why Be a Member?



Being an Academy member is a no-brainer! Community and amazing opportunities far outweigh the cost of annual dues.

Vandana Sheth
RDN, CDE

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What Do Students Have to Say?

My favorite thing to read is Food & Nutrition Magazine, which provides relevant and consumer-friendly information about the latest trends and research.

The Academy is a priceless tool for your career that will catalyze your success as a professional in nutrition and dietetics.

Rachel Macam



Justin Pascual



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Reliable Compensation Information

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Compensation & Benefits Survey

OF THE DIETETICS PROFESSION



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Findings, Resources, Opportunities

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- **Median annualized wages**
 - ✓ **RDNs: \$63,000+**
 - ✓ **NDTRs: \$42,000**
- **Consistent annualized wages reflect increases in numbers of younger members**
- **Education, job responsibility relate strongly to compensation increases**
- **Online Career Toolbox**
- **Continued future demand for RDNs and NDTRs**

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Entry Points to Leadership

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Dietetic Practice Groups

Dietetic Practice Groups are professional-interest groups, made up of Academy of Nutrition and Dietetics members, who wish to connect with other members within their areas of interest and/or practice. Specialized practice groups enable members to improve their job performance, gain insight into specialized areas of food and nutrition and network with colleagues.

Join a DPG >

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DPGs: "Others Like Me"

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- **Connect with members in area of interest or practice**
- **Develop leaders**
- **25 DPGs**
- **Nearly 61,000 members**
- **#3 benefit of membership**
- **Day-to-day support for success**



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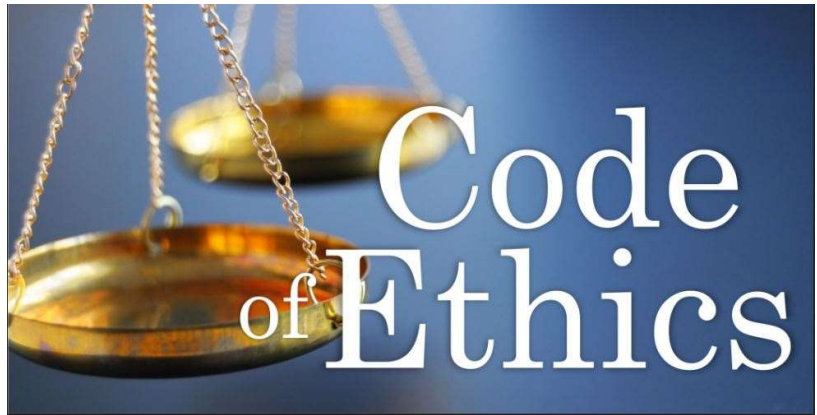
Revised Code of Ethics

Laser Focus:

Civility

Respect

Support for the Values of Our Profession



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Leadership Institute



It's Back!



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Global Focus of Strategic Plan

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- **Members have much to gain**
- **Enriched by global strategies and opportunities**



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International Activities, Leadership

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- **Nutrition Research Network and Foundation collaborating with Wuqu' Kawoq/Maya Health Alliance in Guatemala**
- **Academy and Foundation collaborating with Guatemalan organizations and Duke Center for International Development**



**Stephen Alajajian
RDN**

**Alice Figueroa
MPH, RDN**



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International Activities, Leadership

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- **International, standardized, multilingual vocabulary of clinical terminology**
- **First global, evidence-based nutrition practice guidelines for chronic kidney disease**
- **Needs and interests of dietetic associations around the world**

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Effectiveness of Malnutrition Interventions



- **2017 study: Optimizing nutrition care in hospitals could result in:**
 - ✓ **27% decrease in 30-day readmission rates**
 - ✓ **2-day reduction in average length of stay for malnourished patients**

MCC study:

- ✓ **Further confirm standardization of malnutrition care**
- ✓ **Clarify definition: crucial for clinical coding documentation**

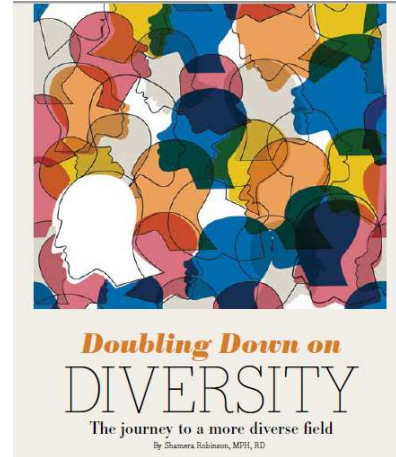
**Morrison Healthcare
joined MQii
in January:
776 hospitals**

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Diversity and Inclusion

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The Academy encourages diversity and inclusion by striving to recognize, respect and include differences in ability, age, creed, culture, ethnicity, gender, gender identity, political affiliation, race, religion, sexual orientation, size and socioeconomic characteristics in the nutrition and dietetics profession.



Academy's revised Diversity Definition, adopted by the Board of Directors (February 2019)

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Unsurpassed Media Coverage

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- **Thanks to Spokespeople**
- **Audience of 20 billion+**
- **20,000+ media placements**
- **Real impact on people's lives**



**Academy Spokesperson
Debbie Petitpain, MS, RDN, LDN**

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Given today's interest in all things food, consumers are savvier and more confused than ever. RDNs are in the perfect position to guide them through this new food terrain so that they can make good choices every day....

RDNs also have the knowledge to simplify today's complex foodscape, showing consumers how to plan and prepare their meals to improve their family's health while preserving the planet's precious resources.

Regina Ragone, MS, RD

Happy Registered Dietitian Nutritionist Day - March 13, 2019

Happy Registered Dietitian Nutritionist Day to Regina Ragone, MS, RD New York and all RDNs!

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Add Your Voice

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Promote and brand yourself through the media

Download "Working with the Media" free member handbook

Working with the Media: A Handbook for Members of the Academy of Nutrition and Dietetics

Produced by the eat right Academy of Nutrition and Dietetics Strategic Communications Team eatright.org

eatrightPRO.org/mediahandbook

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Make History: House of Delegates

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Key Features:

- Address short- and long-term issues
- Diversity
- Member, stakeholder, subject matter expert engagement
- Transparency



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Future of the House of Delegates

- Team of designers creating proposed models
- Your input is welcome
- Architects of our future

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Alliances: Shared Goals, Objectives

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Alliances and Collaborations

The Academy forms alliances with other organizations for special projects and participates in coalitions with shared goals and objectives.

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Alliance Structure and Process

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- **Advance the Academy's program of work and strategic direction**
- **Minimum two-year commitment**
- **Future: Build upon global capabilities**
- **Bring forward your ideas**
 - ✓ denos@eatright.org

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By the Numbers: Successful FNCE®

- **2018 attendance: more than 11,000**
 - ✓ **Second-highest in 15 years**
 - ✓ **Attendees from 54 countries**
- **445 companies exhibited**
- **4,000+ pounds of food donated to Capitol Area Food Bank**
- **Outstanding media coverage**
- **Foundation raised more than \$330,000**

See you at FNCE® 2019: October 26 to 29 in Philadelphia, Pa.

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Our Largest Public Policy Workshop

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- **Together with FNCE for first time**
- **1,400+ registrants**
 - ✓ **1,060 were first-time attendees**
- **Members came from 50 states, D.C., Puerto Rico**
- **284 students: many first-timers**
- **325+ Congressional meetings**
- **An inspiring experience!**



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Targeted Policy Priorities

Three Focus Areas:

- **Prevention and Well-Being**
- **Health Care and Health Systems**
- **Food and Nutrition Safety and Security**

Successful Public Policies:

- **Create jobs**
- **Improve health of Americans**
- **Support the economy and workforce**

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Advocate to Policymakers

- **Respond to Action Alerts**
- **Become a trusted resource**
 - **Follow up after meetings**
 - **Email Congressional staff**
- **Use social media effectively**



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Lead, Build, Strengthen

Through advocacy at the federal level



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Lead, Build, Strengthen

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Through advocacy at the state level



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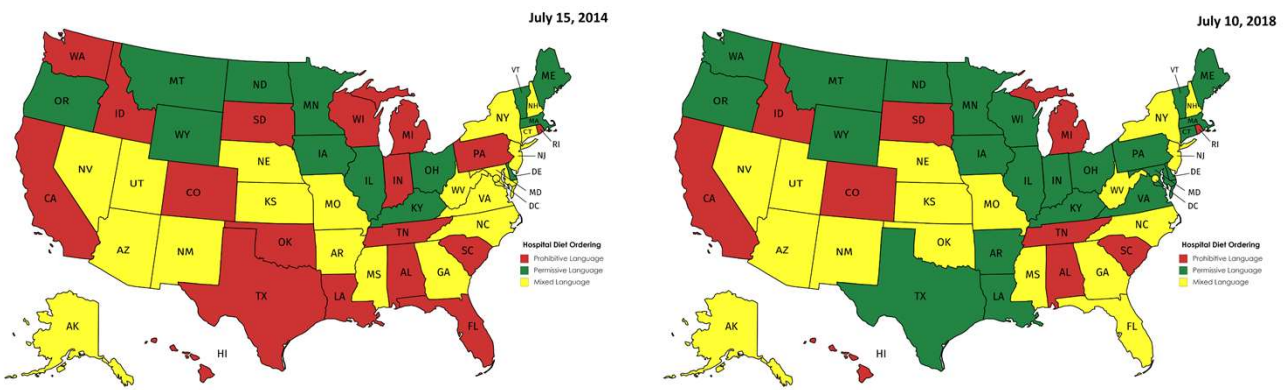
Consumer Protection

- **47 states, Puerto Rico, D.C. have licensure**
- **Overview of consumer protection**
- **Maps with state laws and regulations**
- **Therapeutic diet orders**
- **Contact information for state regulators**
- **Interstate practice and telehealth**

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Therapeutic Diet Order Privileges



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ANDPAC Gives You a Voice



Political Action Committee

The Academy of Nutrition and Dietetics Political Action Committee offers members the opportunity to explore issues and activities involving political action and dietetics.

 [Donate to ANDPAC](#)

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10 Members on DGA Expert Panel Academy of Nutrition and Dietetics

- **Regan Bailey, PhD, MPH, RD, Purdue University**
- **Carol Boushey, PhD, MPH, RD, University of Hawaii**
- **Sharon Donovan, PhD, RD, University of Illinois**
- **Steven Heymsfield, MD, Louisiana State University**
- **Richard Mattes, PhD, MPH, RD, Purdue University**
- **Elizabeth Mayer-Davis, PhD, RD, University of North Carolina**
- **Rachel Novotny, PhD, RDN, LD, University of Hawaii**
- **Linda Snetselaar, PhD, RD, University of Iowa**
- **Jamie Stang, PhD, RD, University of Minnesota**
- **Linda Van Horn, PhD, RDN, LD, Northwestern University**

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Stringent Sponsor Guidelines



- Academy Vision and Mission +
- Advertising and Sponsorship -
- About Sponsorship

Academy Guidelines for Corporate Sponsors

To help advance the Academy's mission of accelerating improvements in global health and well-being through food and nutrition, the Academy's corporate sponsorship program allows for purposeful collaboration with food and nutrition organizations.

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Your Foundation

Scholarships

Research Grants

Public Education

Awards

Over the last three years, donors have helped provide \$2,385,275 in scholarships, awards, fellowships, research grants and disaster relief to 1,347 students and members.



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Did You Know?

 Academy of Nutrition
and Dietetics

The Academy Foundation is proud to have been able to provide more than **\$1,000** to **West Virginia** members and students since 2016 through our scholarship, award, research grant and fellowship programs.

Congratulations to the following recipients!

Megan C Govindan
April D Mitchell

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Impact: Foundation's Second Century Academy of Nutrition and Dietetics

Second Century-Funded Projects Include:

- **Transitions of Care Technical Implementation Guide**
- **Addressing Malnutrition in Central America Fellowship**
- **Applied International Research Fellowships**
- **Malnutrition Clinical Characteristics (MCC) Study**
- **MCC Pediatric Fellow**
- **MCC Adult Fellow**
- **Second Century Scholarship in Memory of Constance Geiger**

 Academy of Nutrition
and Dietetics **Foundation**

second
century 

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With Your Help We Can Do More



- **Member campaign goal: \$5 million**
- **From FNCE® 2016 to FNCE® 2020**
- **\$4.1 million raised to date**
- **82% of goal**
- **Please donate today**



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Battling Adversity with Strength



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Your Academy in Action

Thank you!